# Trinity Happenings

## To be a compassionate, inclusive, and joyful faith community



### Minister's Message

Dear Friends,

Over the past few months, I've been discovering something about silence. During my sabbatical, I made a commitment to spend more time in meditation and prayer, and I've continued that practice since returning to Trinity.

Recently, I've been reading a book by Thích Nhất Hạnh called *Silence: The Power of Quiet in a World Full of Noise*. It has invited me to think about silence in a way that goes beyond simply finding a few peaceful moments in a busy day.

In October, we spent some time together reflecting on the words from Psalm 46, "Be still and know that I am God." We considered how stillness might help us quiet the storms within us, become more present to the moment, and discover a deeper sense of peace.

***But what if the gift of silence isn't only about what it does for us, but also about what it allows us to offer others?***

We live in a world filled with noise. There are endless opinions, competing voices, and so many things demanding our attention. Sometimes it feels as though everyone is speaking, but fewer and fewer people are truly listening.

And perhaps this is where the practice of stillness becomes more than a personal spiritual discipline. Perhaps it becomes a way of loving our neighbours.

In my ministry, I've come to appreciate this particularly during pastoral visits, especially when sitting with someone who is approaching the end of life. There are moments when words simply aren't necessary, and sometimes there are no words that could possibly make things better. I've learned that I don't always need to have something to say. Often, the most meaningful gift I can offer is simply my presence, a listening ear, or the willingness to sit quietly alongside someone.

I'm discovering that this kind of presence is something we can offer in our everyday relationships as well. When we quiet our own thoughts long enough to really listen, we make room for another person's story, their joys, their struggles, and perhaps even a perspective different from our own.

As we move through November, I invite you to consider where you might make a little more room for silence in your life. Perhaps a few quiet moments in the morning, a walk without distractions, or a conversation where you simply listen without feeling the need to respond.

Perhaps the peace we discover in stillness was never meant to remain ours alone. Perhaps it is something we are meant to carry into the world.

With love and blessings,
Carol-Ann

# The Life of Trinity

## UPCOMING SUNDAY SERVICES

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|---|---|---|
| **November 8** | **Remembrance Service** | **We welcome the members of the Royal Canadian Legion Branch 302 Gravenhurst.** |
| **November 15** | **We Are the Church--Caring for What Has Been Entrusted to Us** | **Blessing of the Prayer Shawls** |
| **November 22** | **Beyond the Sheep and the Goats: Learning to See with Love** | |
| **November 29** | **1st Day of Advent: Hope Takes Root** | **Communion Sunday** |

## Weekly Church Life

Prayer and Meditation: Mondays at 9:30 a.m. in the Chapel.

Study Group: Thursdays at 1:00 p.m. in the Fireside Room. Social Time at Sawdust 3 p.m.

## Other Events this Month

Prayer Shawl Ministry: the first and third Wednesday of every month at 9:30 a.m. in the Fireside Room.

Worship Ministry: Tuesday, November 10 at 10:30 a.m. in the Fireside Room.

Potluck Supper: Thursday, November 19 at 6:00 p.m. in the Auditorium. All are welcome. Please bring a food dish to share if you can, but you don't have to!

Annual Bazaar: Saturday, November 28 from 9 a.m. til 2p.m. See page 7 for details.

## Carol-Ann's Upcoming Schedule

**Please Note that Friday and Saturday are Carol-Ann's regular days off and she is available for urgent matters or scheduled events only.**



# Community Connections

## Weekly What's Happening

G.A.P. Food Distribution: Tuesday and Thursday mornings.

Elderberries Choir: Tuesdays at 2:00 p.m. in the sanctuary.

G.A.P. Coffee Hour: Wednesdays from 12 p.m. til 2 p.m. Join the community for a cup of tea or coffee, light lunch, and a chance to meet some new people.

YWCA Circles South Muskoka: Wednesdays at 4 p.m. in the Auditorium.

One Kid's Place: Thursday mornings in the Fireside Room and the Chapel

Alcoholics Anonymous: Wednesdays at 8:00 p.m. and Fridays at 12:00 p.m.

Alzheimer's Society Drop-In: Fridays at 1:30 p.m. in the Fireside Room.

## Upcoming Events

Kyung-A Lee and Rita Arendz in Concert — Saturday, November 8 at 2 p.m. Come and enjoy a great concert of piano and horn music. $20 per person.

Trans Gender Day of Remembrance — Friday, November 20 at 5:30 p.m. Each year on November 20, we honour the memory of transgender and gender-diverse people whose lives have been lost to violence and hatred. As an Affirming congregation, we are called to be more than welcoming. Allyship means standing alongside others, speaking out against discrimination, and helping create a world where everyone can live with dignity, safety, and love. Our presence and support matter.
We invite you to join the community in remembering those whose lives have been lost and affirming the worth of every person.
Date: Friday, November 20, 2026
Location: Bracebridge Centre for Active Living, 54 Dominion Street, Bracebridge (beside Bracebridge United Church)
Time: 5:30 p.m.

# Stewardship

## Some of our Bills in October:

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|---|---|
| UCC Monthly Dues: | $828.55 |
| Book Keeping: | $220.00 |
| Phone & Internet: | $459.85 |

Nobody loves paying the bills, but they are a necessary part of running a church.
Thank you for your ongoing support!

## How to Support Trinity Financially

Regular donations are the best way for Trinity to meet its monthly financial commitments. Some of the ways you can do this are:

**PAR:** Pre-Authorized Remittance. Monthly contributions are withdrawn through automatic debit. Please contact the office to set this up.

**E-Transfer**: Please send all e-transfers to trinityunitedgravenhurst@gmail.com

**Canada Helps:** Go on-line and make monthly donations using a credit card. (Can also be used for one-time donations) https://www.canadahelps.org/en/charities/119271245RR0001-trinity-united-church/

**Cheques:** Consider post-dated cheques for the year, to ensure your regular donation.

**Envelopes:** Put donations in your weekly envelopes and drop them off when you come to church. Please contact the office to obtain specially numbered and labelled weekly envelopes for 2024. If you already have envelopes, the 2024 envelopes are available in the Narthex.



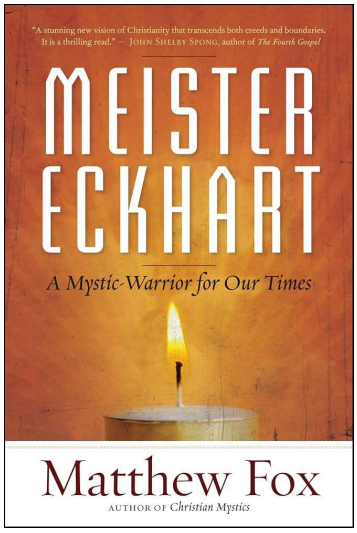
# Prayer Requests




Carol-Ann is updating her prayer list for 2026. If you would like someone to remain, be added, or be removed from this list, please send her a message via **carolanntrinityuc@gmail.com**, or drop a note in the collection plate. Thanks.

# Study Group

## Current Book: Meister Eckhart: A Mystic Warrior for Our Times
## By Matthew Fox




We are an intrepid band of seekers who are currently engaged in Matthew Fox's book Meister Eckhart: A Mystic Warrior for our Times. It's very likely that we will be doing so until Christmas. We are a highly tangent-tolerant group, eager to learn from each other as much as from our reading material. Sometimes, for the sake of variety, we view a film or video. All are welcome (including those who haven't read anything) on Thursdays in the Fireside Room from 1:00 - 2:30ish. There is even a small group who move on to Sawdust City where conversation continues.  Do join us!








Kyung-A is an exceptional pianist from Huntsville who offers her talents with joy and skill. Driven by artistic curiosity and a passion for bringing music to life, she has earned a reputation for remarkable versatility. Kyung-A will entertain you not only with a well performed repertoire but with her humour and engagement with the audience.

## Kyung-A Lee and Rita Arendz in Concert!

Trinity United Church in Gravenhurst.

November 7 at 2 pm.

**Single tickets are $20 each.**

Joining Kyung-A is Rita Arendz, a skilled Tenor Horn player who thrives on the synergy created between the performer and the audience. Rita's talent will add another layer of interest and depth to what promises to be a very enjoyable concert!



**For tickets to music that will take your breath away, call Trinity United Church at 705-687-2542.**

# Join us at the Annual

# Christmas Bazaar!

## Saturday, November 28, 2026

9:00 am- 2:00 pm

**Luncheon served from 11:30a.m. - $10**

### Something for Everyone!

White Elephant Room
Crafts
Deli Goods/Bake Table
Jewellery
Books/Games/Puzzles
Trinity Table
Fine Art

**Trinity United Church**
*290 Muskoka Road North*
*Gravenhurst ON*

# Potluck Supper

**Bring what you can.**
**If for any reason you don't have something to bring, please don't let that stop you.**
**Bringing your own plates and cutlery is welcomed.**
**Donations are welcomed.**
**Our primary goal is to have a social time, and an opportunity to get to know one another better. We hope to see you there!**



**Thursday, November 19, 2026**
**6:00 p.m..**

**Trinity United Church Auditorium**

**More Info : trinityunitedgravenhurst@gmail.com**